

Friday 8th January 2021

**L.O:** To understand what a resolution is and set goals.

## Thinking cap:

How many words can you create using the  
letters in

R E S O L U T I O N

## *L.O: To understand what a resolution is and set goals.*

You may have come up with....

- **Solution**
- **Result**
- **Loser**
- **Loose**
- **Lotion**
- **Rest**
- **Nest**

## *L.O: To understand what a resolution is and set goals.*

This week in Active Reading our text has been all about New Year and New Year's Resolutions.

Today as part of our RSE lesson, we are going to create our own resolutions.

What is a resolution?

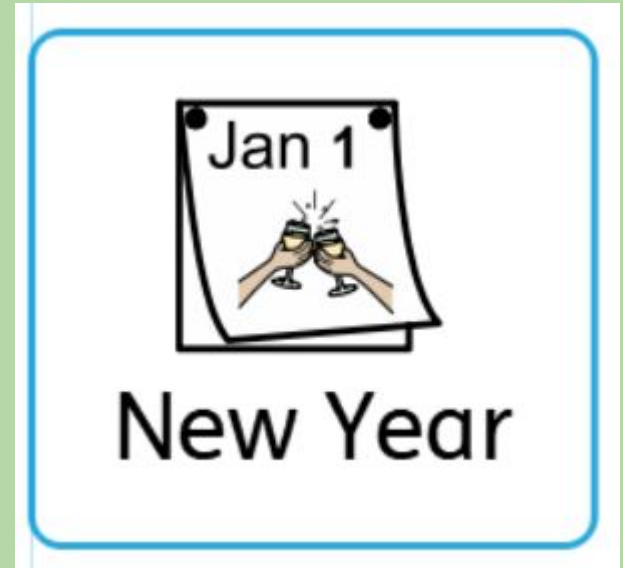
*Use your previous learning to support you with answering the question.*

# *L.O: To understand what a resolution is and set goals.*

A resolution is the decision to make a change.

This is typically associated with the beginning of a new year.

A new year begins on 1st January.

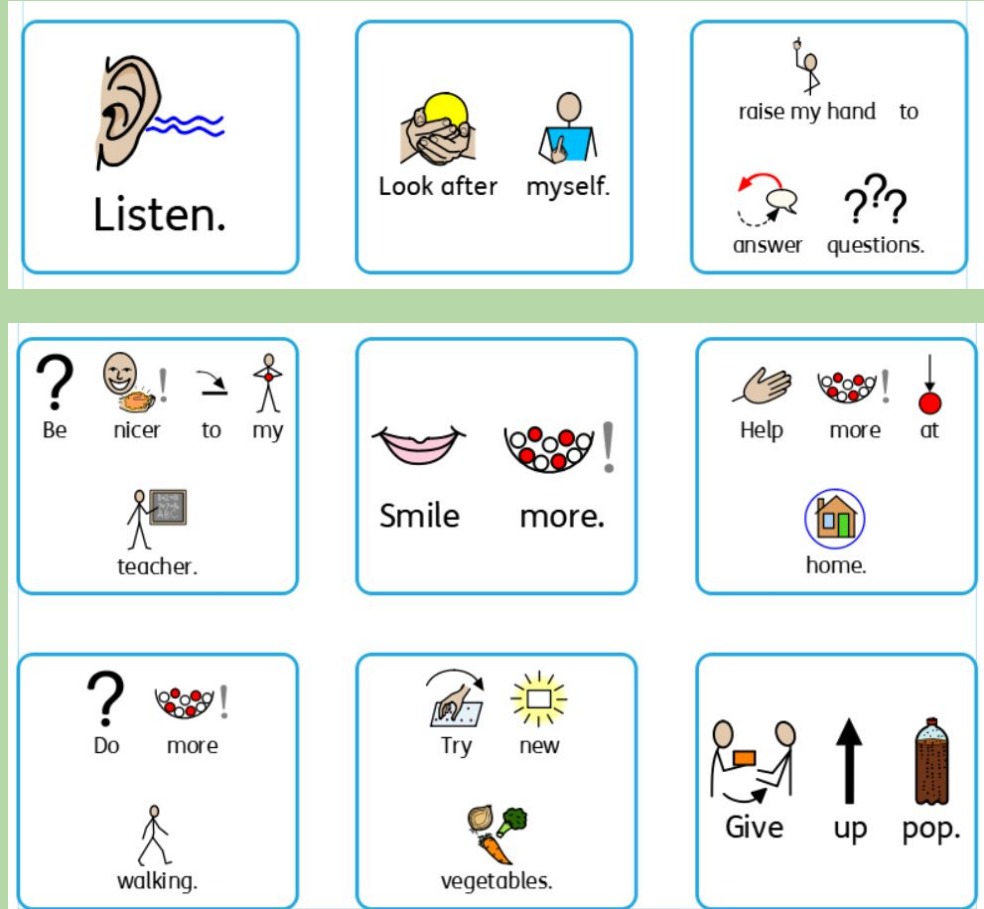


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Here are some examples of New Year's resolutions.

- How many of them are personal resolutions?
- How many link to school/home life?

Do you share any of these resolutions for 2021?



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On the next slides are people asking for advice.

Read their issue and think of a possible solution.

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I get out of breath very quickly but want to be a runner when I am older.

What can I do?



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I recently took a test and  
didn't do as well as I had  
hoped. There is another one  
coming up.

What can I do?



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I've always wanted a pet dog  
but they aren't allowed in my  
flats.

What can I do?

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## **MAIN TASK:**

Now you've practised advising others, your now going to think about your own thoughts and feelings for 2021.

Answer each subheading in your book, using full sentences.

- My wish for me.
- My wish for school.
- My wish for the world.
- My resolution for me.
- My resolution for school.
- My goal for this term.

My wish for me	
My wish for school	
My wish for the world	
My resolution for me	
My resolution for school	
My goal for this term	



**You have finished today's lesson, well done!**

**Remember to send your work from this lesson to Mr Mitchell  
at [tmitchell@kingsavenue.lambeth.sch.uk](mailto:tmitchell@kingsavenue.lambeth.sch.uk)**



**Enjoy the rest of your day!**