

# History Lesson 1

## The Vikings

# Who were the Vikings?

<https://www.bbc.co.uk/bitesize/topics/ztyr9j6/articles/zjcxwty>

Have a look at this page and watch the short video.

# Activity 1: Viking Artefacts

Like we did for the Anglo Saxons, we are going to look at some Viking artefacts and see what we can **infer** about the Vikings.

What do you think it is and what do you think the Vikings used it for?  
What could it tell us about the Vikings?



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A Viking comb and case made from antler bone.

It was found in York.

Although the popular image of the people of the Viking Age is one of wild-haired, dirty savages, this is not true.. In reality, the Vikings took care with their personal grooming, bathing, and hairstyling.

What do you think it is and what do you think the Vikings used it for?  
What could it tell us about the Vikings?



Front

Back

What do you think it is and what do you think the Vikings used it for?  
What could it tell us about the Vikings?



Front

Back

Viking silver disc brooch. Found in Sutton near Cambridge. The owner would have been very rich.

What do you think it is and what do you think the Vikings used it for?

What could it tell us about the Vikings?

What words can you see, what might they mean?





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The coin is made of silver. It was found in York.

The words are 'ERIC' and 'REX'..

Rex means King in Latin. So we know there was a King called Eric in the Viking times.

## Activity 2

### Design your own Viking shield.

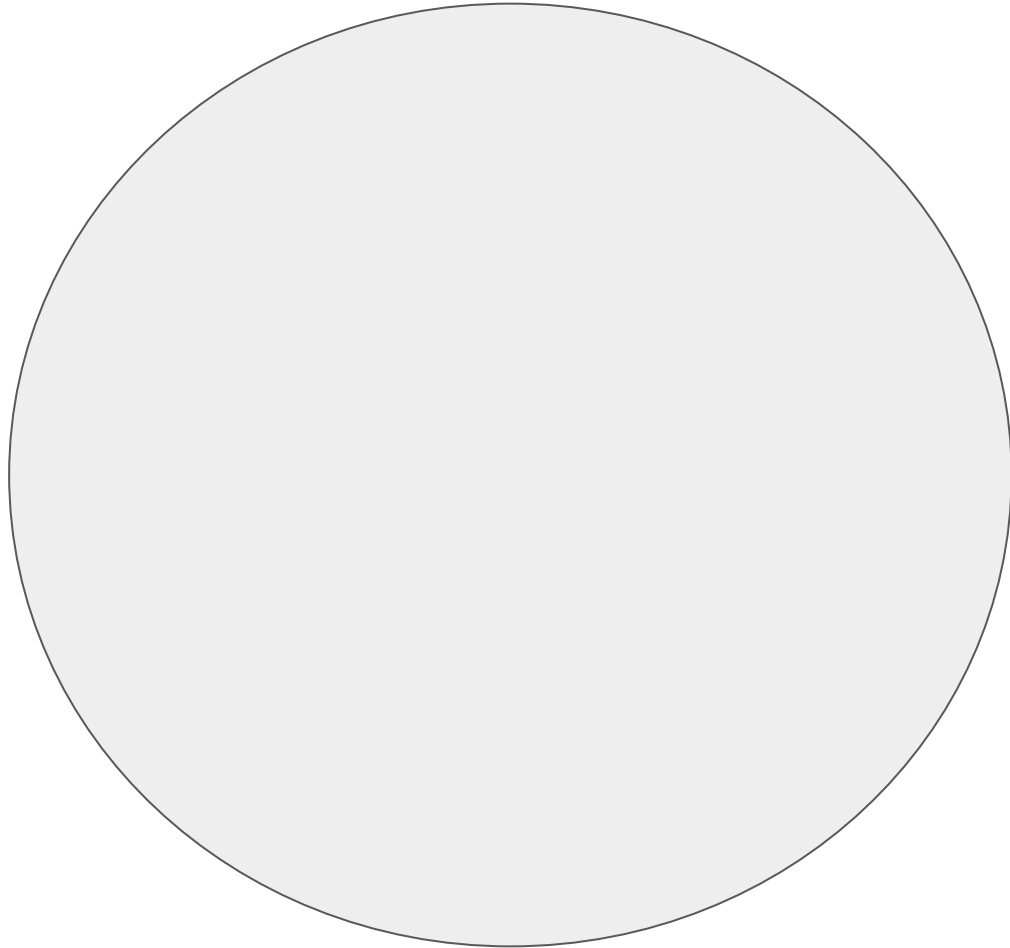
Look at the pictures on the next slide to give you some ideas. Draw a shield in a circle shape on paper.

#### **Did you know?**

Warriors carried wooden shields. They were often painted in bright colours and edged with stiff, untreated leather called rawhide.



My shield:



## Activity 3: Viking Runes

### What are Runes?

Runes is an ancient alphabet that many civilisations used to communicate the written word. The Vikings/Anglo Saxon era used this form of print to send messages.

What do you think they used to make these letters?

Do you think they had paper? If not, what else do you think they used?



a b c d e f g h i/j k l m



n o p q r s t u/v/w x y z

Can you write your name in Viking Runes?